



Short Safety Subject

AFTERTHOUGHTS AND REGRETS....

How often have you said or done something and then later, reflecting on your action, thought to yourself, "How could I have done that?"

Here are some afterthoughts which, unfortunately, too many of us have experienced:

- **"That's how we've always done it before."** (*...before the accident occurred anyway.*)
- **"I never thought that a little bolt dropped from that distance would cause so much bleeding."** (*I should have worn a hard hat, I guess.*)
- **"If I had taken that first-aid/CPR course, I probably could have helped him."** (*...and chances are, he would still be here.*)
- **"I should have taken care of that board with the projecting rusty nails earlier."** (*Now, I have to take off work to get a tetanus shot.*)
- **"Wow, I never realized that a fire could get out of control so fast."** (*If I'd called the fire department before trying to put it out myself, I might still have a place to work tomorrow.*)
- **"I know they were always preaching that we should lift with the leg muscles instead of the back muscles."** (*What the heck is a herniated disk?*)
- **"They always insisted that the tool rest should be no more than one-eighth inch from the grinding wheel. What difference does another quarter inch make?"** (*I was lucky not to go blind when the chisel got wedged and the wheel exploded into a thousand pieces.*)

Any of this sound familiar?? They say *hindsight* is the only perfect science - but *foresight* could have avoided these incidents, misfortunes and regrets.

Learn from others' mistakes and you'll have no regrets!
